

How to get the perfect glow up

If you love rocking that sun-kissed glow, now's the perfect time to update your skincare and beauty routine to give off some serious vacation vibes. Easily extend your radiant glow throughout any season with these five tips!

5 Tips for a Gorgeous Glow

A glowing diet:

The best thing you can do for your skin is eat healthy foods and drink lots of water! A diet that is high in healthy fats, like omega-3, found in walnuts and salmon and vitamin-rich foods like avocado and sweet potatoes will nourish your skin from the inside out!

A daily skincare routine is a must!

We suggest starting by cleansing with the 3 in 1 Cleanser and then applying SeneSerum-C for your skin's daily dose of Vitamin C to renew and brighten the appearance of your skin. Finish with DayTime and Evening moisturizers to keep your skin hydrated and naturally glowing!



Pro Tip: Don't forget to show your skin a little TLC. Using an exfoliant like our Facial Resurfacer and applying a face mask every week with Golden Radiance Peel-Off Mask will leave your skin feeling refreshed and radiant.

A Faux Tan Done Right.

Just because summer comes and goes doesn't mean your tan has to go with it! After exfoliating and moisturising, spritz the Self-Tanning Bronzing Coconut Milk over areas desired to darken. You'll achieve a gorgeous, natural-looking glow.

Glow Naturally.

Next, apply your shade of MakeSense Foundation or Color Correcting Tinted Moisturizer, apply your shade of BlushSense to give your cheeks a hint of healthy, natural-looking colour. BlushSense is blended with our proprietary SenePlex+ for anti-aging benefits in addition to gorgeous, long-lasting colour.

Just a Touch of Shimmer:

Once you've applied your blush, gently sweep Translucid Powder & Bronzer in shimmer shade Bronze along the hollows of your cheeks and along your hairline to give that sun-kissed look. If you want to bring it down even further, sweep some bronzer down your neck and across your décolletage.

Final Touches

To complete your faux glow, apply MakeSense Pearlizer onto your cheek bones and collarbone with a dab of EyeLuminator under your eyes to give your skin that healthy, dewy glow.