

Habits of Successful Entrepreneurs

9 Daily Habits to Help You Thrive

Have you ever noticed how powerful a motivating quote, or an inspiring book can be? The right words can motivate many of us to tackle our next business challenge with confidence. While those awe-inspiring moments can be powerful, they can also be fleeting.

So, how can you continue to be inspired daily and stay motivated in achieving success? One important way is to establish good habits that will stay with you through the ups and downs of life. By choosing healthy, effective practices, you're closer to achieving lasting, successful results — personally and professionally!

Some daily habits of highly successful people include:

1. Getting up early
2. Reading educational or self-improvement topics for 30 minutes.
3. Spending 15-30 minutes on focused thinking
4. Exercising consistently
5. Connecting with people who are highly motivated
6. Pursuing goals
7. Getting enough Z's
8. Having multiple sources of income
9. Investing one's time wisely



The Habitual Mindset of Successful Entrepreneurs

Healthy habits can help keep you focused and catapult you to the next level. “I have made it a life’s habit to pray for courage, wisdom, and strength of heart and mind to see me through the mission,” describes SeneGence Founder and CEO Joni Rogers-Kante, in her book *Million Dollar Lips: A Journey into the Hearts of Women in Business*.

Learn From Others

Rogers-Kante has seen the importance of dedication and learning from others’ wisdom. While growing her successful business, she learned from some notable people, including Lee Iacocca, Chrysler’s former CEO, and Napoleon Hill. Seeing the success and failures of other entrepreneurs allows you to know what you need to act on or what mistakes you can avoid.

Control Your Thoughts

In Hill’s book, *Think and Grow Rich*, he explains that “...we have the power to control our thoughts.” Whether it’s envisioning a brighter future or a not-so-great one, your thoughts are more powerful than you know. That’s why identifying the right habits and implementing them in your daily routine are essential to a successful career.

Focus

A healthy habit you should keep sight of is why you originally started your business. By focusing on your purpose and goal-setting, devoting time to deep work, and having a team that holds you accountable, you’re able to complete the mission you set out on.

Patience

In an interview, Rogers-Kante explained that success takes patience and hard work, and “there’s no instant payoff.” And that’s the mentality you should take when building good habits. In most cases, it won’t be immediate, it will take time and dedication. However, if you stick with it, the opportunity for success is endless.

Now that you’re aware of what habits you can integrate into your daily life, it’s time to make the changes necessary to build the foundation for an amazing future. Be Proactive, as Stephen R. Covey explains in his book, *The 7 Habits of Highly Effective People*.

Sheer Sense