

Zodiac Beauty: A Self-Care Routine For A Comforting Cancer Season

Feel your best with this 3-step care routine for Cancer season.

We are halfway through 2022, that to-do list is piling up, and many of us are feeling burned out. We've got just the trick with a calming morning routine, some soft glam and Cancer Sign Gloss, (our seventh shade in the Your Zodiac Collection) to help you feel your best for a caring Cancer season.

Cancer: The Sign

Summer solstice and Cancer season begin June 21 and ends July 22, and it's the perfect time to chill out and take some you-time. Cancers are very gentle, emotional, and nurturing at their core, but sometimes at the expense of their own well-being.

Cancer season is a time to make sure you are caring for yourself so you can show up for others. Sit back, relax, and try this routine to get in your feels – and then shower those around you with love!



Cancer-Inspired Self-Care



Morning Cleanse:

Start your morning with a fresh start! Whether a juice cleanse or shots of espresso are your wake-up call, follow immediately with 3 in 1 Cleanser to refresh your skin, wash away impurities, tone and exfoliate in one single step!

Sheer Sense®

Minimalist Makeup:

Simplify your makeup look with beauty essentials to create more space for yourself. Break out the beauty blender and apply a layer of Color Correcting Tinted Moisturizer for light coverage that hydrates throughout the day. Then top this simple look with a swipe of Cancer Sign Gloss – the ultimate soft touch of colour. Now you can look and feel fab with plenty of time to spare so you can relax and reset!



Move, Reflect, Protect:

The best way to start the day is with a clear mind, and health experts agree that fresh air and meditation are vital for your mental health. Just don't neglect your skin! Carve out time for a scenic walk or outdoor yoga and help protect your skin from harmful UV rays with Sunscreen.



Want more about the zodiac signs? Each month, check in with us to catch the newest Your Zodiac Sign Gloss Collection and read all about what each season brings!

Share your Cancer season vibes with us in the comments below.